



HOME SAFETY CHECKLIST

A Room-by-Room Safety Guide

EldoCare Home Health Services Inc.

A safe home environment can help reduce preventable hazards and support independence.

Use this checklist to identify areas that may need attention.

Entryway

- ☐ Entrance is well lit
- ☐ Walkways are clear
- ☐ Doorways are easy to access
- ☐ Outdoor steps are in good condition
- ☐ Handrails are secure

Living Room

- ☐ Walkways are free of clutter
- ☐ Rugs are secured or removed
- ☐ Furniture does not block pathways
- ☐ Electrical cords are safely positioned
- ☐ Frequently used items are easy to reach
- ☐ Lighting is adequate

Bedroom

- ☐ Bed is at a safe and comfortable height
- ☐ Nightlight or lamp is easily accessible
- ☐ Path from bed to bathroom is clear
- ☐ Shoes or slippers are within easy reach
- ☐ Telephone or emergency device is accessible

Bathroom

- ☐ Grab bars are available where appropriate
- ☐ Non-slip surfaces are used
- ☐ Shower/tub area is kept dry
- ☐ Bathroom has adequate lighting
- ☐ Frequently used items are easy to reach
- ☐ Toilet area is safely accessible

Kitchen

- ☐ Floors are clean and dry
- ☐ Frequently used items are stored within safe reach
- ☐ Appliances are functioning properly
- ☐ Stove and oven are used safely
- ☐ Sharp objects are stored appropriately
- ☐ Spills are cleaned immediately

Stairs

- ☐ Handrails are secure
- ☐ Steps are clear
- ☐ Stairway lighting is adequate
- ☐ Carpeting or flooring is secure
- ☐ Items are not stored on stairs

Hallways

- ☐ Hallways are free of clutter
- ☐ Walkways are wide enough for safe movement
- ☐ Lighting is adequate
- ☐ Electrical cords do not cross walking areas

Emergency Preparedness

- ☐ Emergency phone numbers are easily available
- ☐ Smoke detectors are working
- ☐ Carbon monoxide detectors are working
- ☐ Emergency exits are accessible
- ☐ Emergency contacts are updated
- ☐ Important medical information is organized

Final Home Safety Review

After completing this checklist, walk through the home with the patient and caregiver.

Ask:

“Could this area be safer, easier to access, or easier to navigate?”

Small changes can make a meaningful difference.

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Disclaimer: This checklist is for general educational purposes and does not replace an individualized home safety assessment by a qualified professional.